

# Push® Ortho Aequi Ankle Brace



Hand Wash &  
Air Dry Only



Same Day  
Dispatch



ISO:13485  
Accredited

An effective ankle orthosis which strikes a balance between efficient mechanical support of a disabled ankle and good wearer comfort. The rigid support is situated exclusively on the medial side of the ankle and has a recess for the malleolus. The lateral side is made from preformed foam, which easily adapts to the individual anatomy. Inversion / eversion movement of the ankle is restricted whilst plantar / dorsal flexion is allowed adequate freedom, this means that no inhibition is felt during normal walking and running. Elastic straps apply pressure around the ankle the brace is fastened by means of a diagonal strap. Worn over the sock, and optimal stabilisation can be achieved if it is worn with a closed (laced-up) shoe.



## Indications for use

- » Serious (residual) instability (under high stress)
- » Treatment of acute lateral ankle ligament lesions
- » Follow-up treatment of conservative or operated ankle fractures
- » Arthrosis with instability without accumulation of fluid

## Features and benefits

- » An effective ankle orthosis which strikes a balance between efficient mechanical support of a disabled ankle and good wearer comfort
- » The rigid support is situated exclusively on the medial side of the ankle and has a recess for the malleolus
- » The lateral side is made from preformed foam, which easily adapts to the individual anatomy
- » The brace is fastened by means of a diagonal strap
- » Elastic straps apply pressure around the ankle
- » Inversion/eversion movement of the ankle is restricted whilst plantar/dorsal flexion is allowed adequate freedom
- » Worn over the sock, and optimal stabilisation can be achieved if worn with a closed (laced-up) shoe

### Sizing Information

Size	Circ of Ankle (mm)	Left	Right
1	270 - 310	PAAB/L1	PAAB/R1
2	310 - 340	PAAB/L2	PAAB/R2
3	340 - 400	PAAB/L3	PAAB/R3

