



# Upper Limb

High Arm Sling	
0300	0305

### Description

An orthosis that can be used as a shoulder immobiliser or an arm sling. The sling can maintain the arm at 45° or 90°. The sling features an adjustable shoulder strap for elevation and a waist strap to limit shoulder movement and carry the weight of the arm across the back and shoulder for enhanced comfort.

#### Intended Purpose

To provide humeral support for an array of injuries and conditions, including: Post trauma, Post-operative, Oedema control, Paralysis and Cerebral vascular accident.

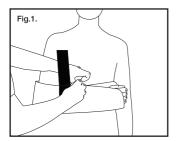
#### Sizing

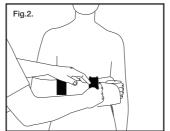
Measure the length from two fingers below the elbow crease to the start of the little finger.

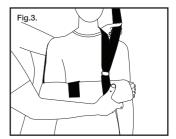
## ⚠ Fitting Instructions

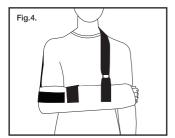
We recommend the initial fitting of the device be conducted by a suitably qualified Healthcare Professional who will advise fitting, removal and period of use.

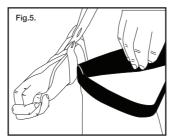
- 1. Place the injured arm into the sling, ensure the elbow and wrist are supported to avoid discomfort.
- 2. Hold the top of the sling closed and attach the securing strap to the front of the sling near the elbow, fold over and secure. See Fig.1.
- 3. Close the sling 5-7cm up from the wrist and secure the D-ring strap. Ensure the side facing D-ring is positioned on the inside of the sling. See Fig.2.
- 4. Run the shoulder strap up from the injured elbow, around the neck and over the uninjured shoulder. Feed the strap through the D-ring and secure at the back. Adjust the height as required. See Fig.3.
- 5. To use as a Shoulder Immobiliser: Follow previous steps then attach the immobilisation strap to the front of the sling 3-5cm away from the securing strap. See Fig.4.
- 6. Run the immobilisation strap around the waist and feed it through the D-ring with the red tab. Secure with the hook and loop fastening. The strap can be trimmed if required. See Fig.5.











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- Must not be used by individuals for whom compression is contraindicated
- · Do not use on open wounds
- · Any known allergy and/or hypersensitivity to any material listed in the product composition
- · Caution should be used if prescribed to patients with diabetes, vascular deficiency and neuropathy

## Marnings and Precautions

- · Carefully read all instructions and warnings before use
- Follow all instructions to ensure proper performance of the brace
- Do not use if liniments, ointments, gels, creams or any other substances have been applied to the affected area
- . Do not reuse for another patient, doing so risks cross-infection and can compromise product integrity
- To ensure the straps are not over tightened, perform regular skin and circulation checks, especially for patients with diabetes, vascular deficiencies and neurological conditions
- Should any adverse reactions occur, please remove, do not use and contact your healthcare professional or provider
- · Check brace and all components for wear and tear
- · The hook and loop fasteners must always be fastened when the device is not being worn or when being washed
- The durability of the device may be compromised by certain factors, e.g. objects with sharp edges or damage to the hook and loop fasteners

## Mashing and care instructions

- · Cover all the hook and loop straps
- Hand wash the brace in cool water using a mild detergent
- · Rinse and air dry flat
- Do not spin or tumble dry
- Do not use fabric conditioner at any time
- · Check for any degradation that may affect use
- · Periodically check the hook and loop straps are operating securely

## Product composition

Velfoam, Hook and Loop, Aluminum

### Storage and transport conditions

Store in a cool, dry place out of direct sunlight, in the original packaging.

#### Recycling and disposal

Packaging and constituent parts should be recycled or safely disposed of in accordance with local or national laws.

## Serious incident

Report any serious incident to the manufacturer and the competent authority of the EU Member State, or Country in which you reside.

## Wash symbols





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This Medical Device conforms to the requirements of Regulation (EU) 2017/745 of the European Parliament and of the council of 5 April 2017

EC REP

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