

Wrist Thumb Brace

INDICATIONS FOR USE

- » Healing fractures
- » Healing ligament injuries
- » Rheumatoid / Osteoarthritis

MEASUREMENT

- » Wrist circumference at narrowest point

FITTING INSTRUCTIONS

- » Undo all hook & loop straps
- » Remove palmar bar and thumb bar from brace
- » Adjust palmar bar if required, place bar along underside of wrist onto palm. If there are spaces bend as required
- » Adjust thumb bar if required. Place bar from the knuckle down to wrist. If there are spaces bend as required
- » Replace palmar and thumb bars
- » Place brace on underside of wrist and align palmar bar to palm of hand
- » Fasten wrist hook & loop straps to ensure snug fit
- » Finally wrap thumb strap around thumb and bar to provide thumb support as required

WASHING INSTRUCTIONS

- » Remove metal bars
- » Hand wash
- » Air dry



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