

## Upper Limb

### Elbow Resting Splint

330/ERS

335/ERS

#### Description

An orthosis designed to relieve pain by immobilising and supporting the elbow joint. The splint features two adjustable hook and loop straps, allowing for easy compression adjustment. Removable rigid stays allow control of the amount of compression required. The brace is constructed from a lightweight, plush lined material for enhanced patient comfort.

#### Intended Purpose

To provide upper limb support for an array of injuries and conditions, including Pre or Postoperative treatment for: Tendonitis, Cubital tunnel syndrome, Golfer's elbow (medial epicondylitis), Tennis elbow (lateral epicondylitis).

#### Sizing

Measure the the circumference of the elbow.

#### ⚠ Fitting Instructions

We recommend the initial fitting of the device be conducted by a suitably qualified Healthcare Professional who will advise fitting, removal and period of use.

1. Open the brace and place arm through the inner pocket **See Fig.1.**
2. Ensure the rigid removable bar is over the elbow crease, to maintain arm position and prevent elbow flexion. The bar can be removed depending on how much support is required **See Fig.2.**
3. Hold the brace in place and wrap the brace around the arm and secure using the hook and loop fastening **See Fig.3.**

Fig.1.



Fig.2.



Fig.3.



### **Contraindications**

- Must not be used by individuals for whom compression is contraindicated
- Do not use on open wounds
- Any known allergy and/or hypersensitivity to any material listed in the product composition
- Caution should be used if prescribed to patients with diabetes, vascular deficiency and neuropathy

### **Warnings and Precautions**

- Carefully read all instructions and warnings before use
- Follow all instructions to ensure proper performance of the brace
- Do not use if liniments, ointments, gels, creams or any other substances have been applied to the affected area
- Do not reuse for another patient, doing so risks cross-infection and can compromise product integrity
- To ensure the straps are not over tightened, perform regular skin and circulation checks, especially for patients with diabetes, vascular deficiencies and neurological conditions
- Should any adverse reactions occur, please remove, do not use and contact your healthcare professional or provider
- Check brace and all components for wear and tear
- The hook and loop fasteners must always be fastened when the device is not being worn or when being washed
- The durability of the device may be compromised by certain factors, e.g. objects with sharp edges or damage to the hook and loop fasteners

### **Washing and care instructions**

- Cover all the hook and loop straps
- Hand wash the brace in cool water using a mild detergent
- Rinse and air dry flat
- Do not spin or tumble dry
- Do not use fabric conditioner at any time
- Check for any degradation that may affect use
- Periodically check the hook and loop straps are operating securely

### **Product composition**

Velfoam, Hook and Loop

### **Storage and transport conditions**

Store in a cool, dry place out of direct sunlight, in the original packaging.

### **Recycling and disposal**

Packaging and constituent parts should be recycled or safely disposed of in accordance with local or national laws.

### **Serious incident**

Report any serious incident to the manufacturer and the competent authority of the EU Member State, or Country in which you reside.

### **Wash symbols**



Hand wash



Dry flat



Do not tumble dry



Do not bleach



Do not dry clean



Do not iron



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This Medical Device conforms to the requirements of Regulation (EU) 2017/745 of the European Parliament and of the council of 5 April 2017



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