



# Spinal

# Comfort Belt CB/253 CB/255 CB/257 CB/258

# Description

An orthosis constructed from elastic, providing a combination of support, compression, heat retention and comfort. The belt features two removable metal stays to provide superior support to improve posture and aid in the treatment of back problems. The contoured shape of the brace has an anterior depth of 210mm and a posterior depth of 305mm, ensuring a good fit without the rolling up that can occur with some lumbar supports.

The elasticated fabric keeps the muscles warm, preventing muscle spasms and encouraging blood flow to aid in healing. The brace features a detachable lumbar cushion and an adjustable multi-position fulcrum strap for a comfortable fit.

## Intended Purpose

To provide back support for an array of injuries and conditions, including Pre or Postoperative treatment for: Sciatica, Herniated Disc, Sacro-iliac joint dysfunction, Degenerative disc disease, Lumbago, General posture support.

# Sizing

Measure the circumference of the waist.

# ▲ Fitting Instructions

We recommend the initial fitting of the device be conducted by a suitably qualified Healthcare Professional who will advise fitting, removal and period of use.

- 1. Undo the front strap and the hook and loop fastening See Fig.1.
- 2. Align the belt to the midline of the lower back, with the padding lying in the middle over the spine See Fig.2.
- 3. Wrap the brace around the front and fasten the hook and loop fastening See Fig.3.
- 4. Feed the fulcrum strap through the clip and tighten for extra support See Fig.4.
- 5. The rear steels provide support to improve posture but can be removed if not required









# ▲ Contraindications

- Must not be used by individuals for whom compression is contraindicated
- Do not use on open wounds
- Any known allergy and/or hypersensitivity to any material listed in the product composition
- Caution should be used if prescribed to patients with diabetes, vascular deficiency and neuropathy

# A Warnings and Precautions

- Carefully read all instructions and warnings before use
- Follow all instructions to ensure proper performance of the brace
- Do not use if liniments, ointments, gels, creams or any other substances have been applied to the affected area
- Do not reuse for another patient, doing so risks cross-infection and can compromise product integrity
- To ensure the straps are not over tightened, perform regular skin and circulation checks, especially for patients with diabetes, vascular deficiencies and neurological conditions
- Should any adverse reactions occur, please remove, do not use and contact your healthcare professional or provider
- Check brace and all components for wear and tear
- The hook and loop fasteners must always be fastened when the device is not being worn or when being washed
- The durability of the device may be compromised by certain factors, e.g. objects with sharp edges or damage to the hook and loop fasteners

# A Washing and care instructions

- Cover all the hook and loop straps and remove metal bars
- Hand wash the brace in cool water using a mild detergent
- . Rinse and air dry flat
- Do not spin or tumble dry
- Do not use fabric conditioner at any time
- Check for any degradation that may affect use
- Periodically check the hook and loop straps are operating securely

## Product composition

Elastic, Aluminium, Hook and Loop, Latex

## Storage and transport conditions

Store in a cool, dry place out of direct sunlight, in the original packaging.

#### Recycling and disposal

Packaging and constituent parts should be recycled or safely disposed of in accordance with local or national laws.

#### Serious incident

Report any serious incident to the manufacturer and the competent authority of the EU Member State, or Country in which vou reside.

## Wash symbols

















Contains natural rubber latex



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This Medical Device conforms to the requirements of Regulation (EU) 2017/745 of the European Parliament and of the council of 5 April 2017



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