

## Hand / Wrist

| Russell Wrist Brace |             |             |             |             |
|---------------------|-------------|-------------|-------------|-------------|
| RUSB/2L/SGL         | RUSB/3L/SGL | RUSB/5L/SGL | RUSB/7L/SGL | RUSB/8L/SGL |
| RUSB/2R/SGL         | RUSB/3R/SGL | RUSB/5R/SGL | RUSB/7R/SGL | RUSB/8R/SGL |
| RUSB/2L             | RUSB/3L     | RUSB/5L     | RUSB/7L     | RUSB/8L     |
| RUSB/2R             | RUSB/3R     | RUSB/5R     | RUSB/7R     | RUSB/8R     |

### Description

An orthosis for support and stabilisation of the wrist. The conformable stay and straps aid stabilisation.

### Intended Purpose

To provide wrist support for an array of injuries and conditions, including Pre or Postoperative treatment for: Healing fractures, Strains, Repetitive strain injuries, Rheumatoid arthritis, Carpal tunnel syndrome.

### Sizing

Measure the wrist circumference at the narrowest point, choose the correct size for fit and therapeutic benefit.

### ⚠ Fitting Instructions

We recommend the initial fitting of the device be conducted by a suitably qualified Healthcare Professional who will advise fitting, removal and period of use.

1. Undo all hook and loop straps
2. Remove the aluminium palmar bar and place the bar along the underside of the wrist onto the palm, bend as required to mimic the anatomical shape
3. Reinsert the palmar bar ensuring it is secured under the webbing tab
4. Place the brace on the underside of the wrist and align palmar bar to the palm
5. Fasten hook and loop straps to ensure a snug fit

### ⚠ Contraindications

- Must not be used by individuals for whom compression is contraindicated
- Do not use on open wounds
- Any known allergy and/or hypersensitivity to any material listed in the product composition
- Caution should be used if prescribed to patients with diabetes, vascular deficiency and neuropathy

### ⚠ Warnings and Precautions

- Carefully read all instructions and warnings before use
- Follow all instructions to ensure proper performance of the brace
- This product contains Natural Rubber Latex which may cause allergic reactions
- Do not use if liniments, ointments, gels, creams or any other substances have been applied to the affected area
- Do not re use for another patient, doing so risks cross-infection and can compromise product integrity
- To ensure the straps are not over tightened, perform regular skin and circulation checks, especially for patients with diabetes, vascular deficiencies and neurological conditions
- Should any adverse reactions occur, please remove, do not use and contact your healthcare professional or provider
- Check brace and all components for wear and tear
- The hook and loop fasteners must always be fastened when the device is not being worn or when being washed
- The durability of the device may be compromised by certain factors, e.g. objects with sharp edges or damage to the hook and loop fasteners

### ⚠ Washing and care instructions

- Cover all the hook and loop straps and remove the metal bar
- Hand wash the brace in cool water using a mild detergent
- Rinse and air dry flat
- Do not spin or tumble dry
- Do not use fabric conditioner at any time
- Check for any degradation that may affect use
- Periodically check the hook and loop straps are operating securely
- Before using the brace again, replace the metal bar the correct way round and tuck under the tab of the webbing

**Product composition**

Elastic, Aluminium, Hook and Loop, Webbing, Latex

**Storage and transport conditions**

Store in a cool, dry place out of direct sunlight, in the original packaging

**Recycling and disposal**

Packaging and constituent parts should be recycled or safely disposed of in accordance with local or national laws.

**Serious incident**

Report any serious incident to the manufacturer and the competent authority of the EU Member State, or Country in which you reside.

**Wash symbols**

 Hand wash

 Dry flat


 Do not tumble dry

 Do not bleach


 Do not dry clean

 Do not iron


 Contains natural rubber latex




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This Medical Device conforms to the requirements of Regulation (EU) 2017/745 of the European Parliament and of the council of 5 April 2017





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